

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

- Coaches: Wielandt Pieter
- Coaches: Moentjens Ann HEADCOACH
- Coaches: Van Breusegem Mathias
- Coaches: Huberty Maren
- Coaches: De Noble Naomi
- Coaches: De Waele Lente
- Coaches: De Backer Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 26: 100M BACKSTROKE MEN 15-16					Heat:1, starttime: 08:43
Heat: 1/6 Lane : 4 Athlete: VANCAYZEELE THIBAU					Q-time: 01:09:13
PB (25m pool): 01:07.81 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:13.99 SB: 01:07.81 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.71		01:07.81	
		00:32.71		00:35.10	
					

Coach feedback:

Event number: 26: 100M BACKSTROKE MEN 15-16					Heat:2, starttime: 08:45
Heat: 2/6 Lane : 1 Athlete: BEERNAERT DAAN					Q-time: 01:06:98
PB (25m pool): 01:06.98 T ROSCO 12/10/2025					PB (50m pool): 01:08.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.98	
		no time			
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 09:01
Heat: 4/8 Lane : 7 Athlete: BEULENS LOTTE					Q-time: 01:05:06
PB (25m pool): 01:04.13 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:05.35 SB: 01:04.13 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.26		01:04.13	
		00:31.26		00:32.87	
					

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 13-14					Heat:4, starttime: 09:14
Heat: 4/7 Lane : 3 Athlete: UVYN MAXIM					Q-time: 01:02:58
PB (25m pool): 01:02.04 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:02.91 SB: 01:02.04 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.94		01:02.04	
	00:29.94		00:32.10		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:4, starttime: 09:14
Heat: 4/7 Lane : 5 Athlete: DE CHAMPS LOïc					Q-time: 01:02:50
PB (25m pool): 01:02.50 EEKLO 04/10/2026					PB (50m pool): 01:07.10 SB: 01:02.50 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.13		01:02.50	
	00:29.13		00:33.37		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:7, starttime: 09:18
Heat: 7/7 Lane : 1 Athlete: DE BIE DAAN					Q-time: 01:01:50
PB (25m pool): 00:59.32 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:01.50 SB: 00:59.32 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.37		00:59.32	
	00:28.37		00:30.95		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:7, starttime: 09:18
Heat: 7/7 Lane : 8 Athlete: CASTEUR NICOLAS					Q-time: 01:02:18
PB (25m pool): 01:02.18 Temse 31/05/2026					PB (50m pool): 01:02.96 SB: 01:02.49 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.54		01:02.18	
	00:29.54		00:32.64		
					

Coach feedback:

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Event number: 30: 50M FREESTYLE MEN 15-16						Heat:2, starttime: 09:28	
Heat: 2/6 Lane : 5 Athlete: LIEVENS TIEBE						Q-time: 00:26:76	
PB (25m pool): 00:26.76 Waregem 26/09/2026				PB (50m pool): 00:27.58 SB: 00:26.76 Waregem 26/09/2026			
	2 5 M	5 0 M					
PB		00:26.76					
	00:26.76						
							

Coach feedback:

Event number: 30: 50M FREESTYLE MEN 15-16							Heat:3, starttime: 09:29		
Heat: 3/6 Lane : 2 Athlete: BEERNAERT DAAN							Q-time: 00:26:51		
PB (25m pool): 00:26.23 Sint-Amandsberg 18/10/2026							PB (50m pool): 00:27.14 SB: 00:26.23 Sint-Amandsberg 18/10/2026		
	2 5 M		5 0 M						
PB			00:26.23						
			00:26.23						
									

Coach feedback:

Event number: 30: 50M FREESTYLE MEN 15-16							Heat:5, starttime: 09:31		
Heat: 5/6 Lane : 2 Athlete: VANCAYZEELE THIBAU							Q-time: 00:25:63		
PB (25m pool): 00:25.63 EEKLO 04/10/2026							PB (50m pool): 00:26.39SB: 00:25.63 EEKLO 04/10/2026		
	2 5 M		5 0 M						
PB			00:25.63						
			00:25.63						
									

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:2, starttime: 09:37	
Heat: 2/10 Lane : 7 Athlete: UVYN AURÉLIE							Q-time: 03:00:06	
PB (25m pool): 03:19.96 Sinbad 05/10/2025				PB (50m pool): 03:00.06 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.13		no time		no time		03:19.96
	00:47.13							
								

Coach feedback:

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Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:3, starttime: 09:40	
Heat: 3/10 Lane : 5 Athlete: SUY NORA							Q-time: 02:55:91	
PB (25m pool): 02:55.91 Temse 31/05/2026				PB (50m pool): 02:59.18SB: 02:59.37 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.72		01:23.26		02:14.53		02:55.91
	00:38.72		00:44.54		00:51.27		00:41.38	
								

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:6, starttime: 09:50	
Heat: 6/10 Lane : 1 Athlete: DE BIE LIZE							Q-time: 02:52:82	
PB (25m pool): 02:51.01 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:57.94 SB: 02:51.01 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.59		01:23.53		02:11.74		02:51.01
	00:39.59		00:43.94		00:48.21		00:39.27	
								

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:6, starttime: 09:50	
Heat: 6/10 Lane : 8 Athlete: BAELE NORAH							Q-time: 02:52:89	
PB (25m pool): 02:52.89 EEKLO 04/10/2026				PB (50m pool): 02:59.56 SB: 02:52.89 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.13		no time		no time		02:52.89
	00:38.13							
								

Coach feedback:

Event number: 32: 200M MEDLEY MEN 11-12							Heat:1, starttime: 10:07	
Heat: 1/10 Lane : 4 Athlete: DE VEERMAN ILAN							Q-time: 03:01:28	
PB (25m pool): 02:58.10 Sint-Amandsberg 18/10/2026				PB (50m pool): 03:15.46 SB: 02:58.10 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.73		01:21.27		02:17.59		02:58.10
	00:36.73		00:44.54		00:56.32		00:40.51	
								

Coach feedback:

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Event number: 32: 200M MEDLEY MEN 11-12							Heat:1, starttime: 10:07	
Heat: 1/10 Lane : 6 Athlete: ACKE MANU							Q-time: 03:05:46	
PB (25m pool): 03:05.46 Zwembad De Treffer 06/04/2026				PB (50m pool): 03:10.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.32		no time		no time		03:05.46
	00:44.32							
								

Coach feedback:

Event number: 32: 200M MEDLEY MEN 11-12							Heat:7, starttime: 10:28	
Heat: 7/10 Lane : 1 Athlete: DAEM JOPPE							Q-time: 02:49:38	
PB (25m pool): 02:49.38 EEKLO 04/10/2026				PB (50m pool): 02:55.70 SB: 02:49.38 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.76		no time		no time		02:49.38
	00:36.76							
								

Coach feedback:

Event number: 34: 50M BREASTSTROKE MEN 13-14							Heat:1, starttime: 10:46			
Heat: 1/4 Lane : 5 Athlete: BECK STANN							Q-time: 00:37:25			
PB (25m pool): 00:37.25 EEKLO 04/10/2026				PB (50m pool): 00:38.47 SB: 00:37.25 EEKLO 04/10/2026						
	2 5 M		5 0 M							
PB			00:37.25							
	00:37.25									
										

Coach feedback:

Event number: 36: 400M FREESTYLE MEN 15-16							Heat:2, starttime: 11:18	
Heat: 2/4 Lane : 3 Athlete: LIEVENS TIEBE							Q-time: 04:24:52	
PB (25m pool): 04:23.38 Sint-Amandsberg 18/10/2026				PB (50m pool): 04:36.71 SB: 04:23.38 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:28.99		01:01.44		01:35.13		02:09.22
	00:28.99		00:32.45		00:33.69		00:34.09	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:43.47		03:17.79		03:51.40		04:23.38
	00:34.25		00:34.32		00:33.61		00:31.98	
								

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Event number: 37: 200M MEDLEY WOMEN 13-14							Heat:2, starttime: 11:36	
Heat: 2/6 Lane : 6 Athlete: BOGAERT HANNE							Q-time: 02:44:27	
PB (25m pool): 02:44.27 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:46.14SB: 02:51.83 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.64		01:17.52		02:06.70		02:44.27
	00:35.64		00:41.88		00:49.18		00:37.57	
								

Coach feedback:

Event number: 37: 200M MEDLEY WOMEN 13-14							Heat:5, starttime: 11:46	
Heat: 5/6 Lane : 3 Athlete: BEULENS LOTTE							Q-time: 02:36:95	
PB (25m pool): 02:36.95 EEKLO 04/10/2026				PB (50m pool): 02:39.34SB: 02:36.95 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.76		no time		no time		02:36.95
	00:32.76							
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:1, starttime: 11:52	
Heat: 1/6 Lane : 3 Athlete: CASTEUR NICOLAS							Q-time: 02:42:59	
PB (25m pool): 02:42.59 Eeklo 06/04/2026				PB (50m pool): 02:49.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.68		no time		no time		02:42.59
	00:37.68							
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:1, starttime: 11:52	
Heat: 1/6 Lane : 6 Athlete: BECK STANN							Q-time: 02:42:92	
PB (25m pool): 02:42.92 EEKLO 04/10/2026				PB (50m pool): 02:44.17 SB: 02:42.92 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.26		no time		no time		02:42.92
	00:37.26							
								

Coach feedback:

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Event number: 38: 200M MEDLEY MEN 13-14							Heat:6, starttime: 12:08	
Heat: 6/6 Lane : 8 Athlete: DE BIE DAAN							Q-time: 02:29:04	
PB (25m pool): 02:26.43 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:29.04 SB: 02:26.43 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.56		01:09.74		01:52.99		02:26.43
	00:31.56		00:38.18		00:43.25		00:33.44	
								

Coach feedback: